Warning – Unshielded LED Lighting Can Damage the Retina



In the May 13, 2013 edition of Live Science, Assistant Editor Marc Lallanilla report-

ed on the research of Dr. Celia Sánchez-Ramos of Complutense University (Madrid, Spain) regarding potential dangers of directly viewing unshielded LED lighting. Simply put, the intense concentrated light of LEDs can permanently damage the retina, causing blind spots and color de-sensitivity. As the LED installed base rapidly expands, more and more emphasis is being placed upon health risks associated with directly viewing LEDs. While still under peer review, this revelation has raised concerns of possible liabilities associated with newly deployed or anticipated LED roadway lighting. Now, lighting designers and consultants are increasingly faced with the tradeoff between installing energy efficient LED fixtures and potential liability associated with eye-damage claims.

For most high intensity LED street lighting, flicker presents several advanced challenges. "Strobe Effect" is the motion distortion that occurs when moving objects are viewed under the offending light. This disrupts visual perception and the ability to judge time and distance. Since many LED arrays are subject to flicker rates of 60 and 120 cycles per second, the strobe effect will be proportional to the speed at which a vehicle or other objects are traveling. Perception distortion is compounded by the motion of the reference vehicle (one being



After two decades, LEDs have become the major replacement for high-pressure sodium and metal halide lighting. Now, there are significant safety issues after alarming increases in accidents.

driven) relative to the moving vehicle (one being viewed) combined with the duration of the flicker (cycle time).

> Trooper Deaths and LED Lights That are Too Bright Regarding the article "Surge in State Troopers Killed by Vehicles" (U.S. News, April 2): While I'm certain that distracted driving is a major factor, another is the escalation of illumination. With LED lighting on more and more vehicles, approaching a public-safety vehicle becomes a blinding experience. The lighting is greatly in excess of what is necessary. And with more and more drivers over the age of 50, you are more likely to temporarily blind drivers at the worst possible moment. JON GERSH Arlington, Mass.

Since LED streetlight deployment is new, the consequence of strobe effect has not been fully evaluated. However, there is strong anecdotal evidence that strobe effect disrupts visual perception and acuity. For highway driving above 65mph, the amount of missing interpolative perception may significantly contribute to night time accidents. It should also be noted that some LED street lighting systems offer dimming capabilities for enhanced energy savings. Dimming LEDs increases strobe effect and may not be advisable based upon current knowledge and evidence.

SOMETIMES THE SOLUTION BECOMES A PROBLEM!

LEDs can be significantly more energy efficient than conventional metal halide, sodium, fluorescent, and incandescent lighting. But, solving the energy-efficiency problem with technology that contains significantly **toxic components** presents serious environmental issues since all white LEDs contain:

- Aluminum gallium indium phosphide (AllnGaP) "toxic"
- Aluminum phosphide (AllaP) **"highly toxic"**
- Indium Gallium Nitride (InGaN)- "toxic"
- Gallium Arsenide (GaAs) "highly toxic"
- Aluminum Gallium Arsenide (AlGaAs) -"highly toxic"

These compounds have been labeled **"Forever Chemicals"** and are subject to being banned by the European Union environmental ministry. Consider the following:

Aluminum phosphide is a **highly toxic inorganic compound** with the chemical formula AIP, and is used as a wide band gap semiconductor in **LEDs**.

Aluminum gallium arsenide is a semiconductor material that is used in a variety of electronic devices; **LEDs in par-ticular**. It can be **hazardous if inhaled or ingested**, causing irritation to the eyes, skin, and respiratory system. **It can also be toxic** if it enters the body through cuts or other wounds.

Environmental agencies are dealing with these issues as these compounds are not sustainable within current sustainability definitions.

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